

Intensys Life Pilates timetable for September to August 2019-2020



Mat Classes

Monday	
Sileby	Sileby
09:30, 10:30	18:30, 19:30

Reformers

Wednesday	
L'boro	L'boro
08:00, 09:00	10:00

Term 1

02/Sep/19	02/Sep/19	- no class -	- no class -
09/Sep/19	09/Sep/19	11/Sep/19	11/Sep/19
16/Sep/19	16/Sep/19	18/Sep/19	18/Sep/19
23/Sep/19	23/Sep/19	25/Sep/19	25/Sep/19
30/Sep/19	30/Sep/19	02/Oct/19	02/Oct/19
07/Oct/19	07/Oct/19	09/Oct/19	09/Oct/19

- half term -

28/Oct/19	28/Oct/19	30/Oct/19	30/Oct/19
04/Nov/19	04/Nov/19	06/Nov/19	06/Nov/19
11/Nov/19	11/Nov/19	13/Nov/19	13/Nov/19
18/Nov/19	18/Nov/19	20/Nov/19	20/Nov/19
25/Nov/19	25/Nov/19	27/Nov/19	27/Nov/19
02/Dec/19	02/Dec/19	04/Dec/19	04/Dec/19
09/Dec/19	09/Dec/19	- no class -	18/Dec/19

Term 2

06/Jan/20	06/Jan/20	08/Jan/20	08/Jan/20
13/Jan/20	13/Jan/20	15/Jan/20	15/Jan/20
20/Jan/20	20/Jan/20	22/Jan/20	22/Jan/20
27/Jan/20	27/Jan/20	29/Jan/20	29/Jan/20
03/Feb/20	03/Feb/20	05/Feb/20	05/Feb/20
10/Feb/20	10/Feb/20	12/Feb/20	12/Feb/20

- half term -

02/Mar/20	02/Mar/20	04/Mar/20	04/Mar/20
09/Mar/20	09/Mar/20	11/Mar/20	11/Mar/20
16/Mar/20	16/Mar/20	18/Mar/20	18/Mar/20
23/Mar/20	23/Mar/20	25/Mar/20	25/Mar/20
30/Mar/20	30/Mar/20	01/Apr/20	01/Apr/20

Term 3

27/Apr/20	27/Apr/20	29/Apr/20	29/Apr/20
04/May/20	04/May/20	06/May/20	06/May/20
11/May/20	11/May/20	13/May/20	13/May/20
18/May/20	18/May/20	20/May/20	20/May/20

- half term -

08/Jun/20	08/Jun/20	10/Jun/20	10/Jun/20
15/Jun/20	15/Jun/20	17/Jun/20	17/Jun/20
22/Jun/20	22/Jun/20	24/Jun/20	24/Jun/20
29/Jun/20	29/Jun/20	01/Jul/20	01/Jul/20
06/Jul/20	06/Jul/20	08/Jul/20	08/Jul/20
03/Aug/20	03/Aug/20	05/Aug/20	05/Aug/20
10/Aug/20	10/Aug/20	12/Aug/20	12/Aug/20
24/Aug/20	24/Aug/20	26/Aug/20	26/Aug/20

Please note that planned dates are provisional. Unplanned circumstances such as illness, emergency, venue closure etc may require classes to be rearranged.

In any such event, a replacement class will be rearranged

Reformer classes are held at *The Pilates In Loughborough Studio, 9 Great Central Road, Loughborough, LE11 1RW*

Matwork class locations: Sileby: *St. Gregory's Church Hall, 24 The Banks, Sileby, Loughborough, LE12 7RE*

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